

NESA Year I Booklist		
Course Code(s)	Course Title	Required Text(s)
ACB 511/512	Integrative Anatomy Lab I & II	Biel, A. (2023). Trail Guide to the Body (6th Edition). Milady. ISBN: 0998785067 Biel, A. (2023). Student Workbook for Trail Guide to the Body (6th Edition). Milady. ISBN: 0991466675
ACB 513	Integrative Pain Management Theory	Instructor will provide materials.
ACF 501	Cultural Foundations of Chinese Medicine	Instructor will provide materials.
ACF 502/503	Chinese Medicine Theory I & II	Kim, H. B. (2015). Handbook of Oriental Medicine. Harmony and Balance Press. Maciocia, G. (2015). The Foundations of Chinese Medicine (3rd ed.). Churchill Livingstone.
ACF 504	Chinese Medicine Diagnosis	Kim, H. B. (2015). Handbook of Oriental Medicine. Harmony and Balance Press. Maciocia, G. (2015). The Foundations of Chinese Medicine (3rd ed.). Churchill Livingstone.
ACH 501	Introduction to Chinese Herbal Medicine	Kim, H. B. (2015). <i>Minibook of Oriental Medicine</i> (3rd ed.). HB Kim.
ACH 502/503	Chinese Herbal Materia Medica I & II	Bensky, D., Clavey, S., & Stöger, E. (2015). Chinese Herbal Medicine: Materia Medica (Portable 3rd Edition). Eastland Press. ISBN: 0939616823.
ACP 501	Acupuncture Patient-Centered Care	Rose, P. R. (2021). Health Equity, Diversity, and Inclusion: Context, Controversies, and Solutions (2nd ed.). Jones & Bartlett Learning.
ACP 502/503	Professional Practice I & II	Instructor will provide materials.
ACS 501/502/503	Self-Care: Qi Gong I–III	Deadman, P. (2024). Qigong: Cultivating Body, Breath & Mind (1st ed.). Qigong Works Press.
ACT 501/502/503	Acupuncture Channels and Points I–III	Deadman, P., & Al-Khafaji, M. (n.d.). A Manual of Acupuncture [Mobile app]. The Journal of Chinese Medicine. https://amanualofacupuncture.com Deadman, P., & Al-Khafaji, M. (2009). A Manual of Acupuncture (2nd ed.). Journal of Chinese Medicine Publications.
ACT 511/512/513	Acupuncture Techniques I–III	Cheng, X. (Ed.). (2016). Chinese Acupuncture and Moxibustion (Rev. ed.). Foreign Languages Press. Council of Colleges of Acupuncture and Oriental Medicine. (2017). Clean Needle Technique Manual: Best Practices for Acupuncture Needle Safety and Related Procedures (7th ed.). Kim, H. B. (2015). Handbook of Oriental Medicine (5th ed.). AcupunctureMedia.com.
ACT 521/522/523	East Asian Medical Bodywork I–III	Instructor will provide materials.
ACT 571	Japanese Acupuncture I	Shudō, D., & Brown, S. (1990). Introduction to Meridian Therapy: Japanese Classical Acupuncture. Eastland Press.
BIO 110E/210E	Anatomy & Physiology I & II	VanPutte, C., Regan, J., Russo, A., Seeley, R., Stephen, T., & Tate, P. (2023). Seeley's Anatomy and Physiology (13th ed.). McGraw-Hill Education. (Digital e-text and Connect platform access required)
BIO 151E	General Biology I: Cell & Molecular Biology	Urry, L. A., Cain, M. L., Wasserman, S. A., Minorsky, P. V., & Reece, J. B. (2021). Campbell Biology (12th ed.). Pearson Education. (Note: Students must purchase via link provided in course)