

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM							
7:00 AM		Breakfast	Breakfast	Breakfast	Exercise	Exercise	
8:00 AM	Breakfast	A&P Lab	Review Psych	Basic Chem Lab	Breakfast	Breakfast	
9:00 AM	Exercise	A&P Lab	Expo I	Basic Chem Lab	Expo I	Read for Expo	
10:00 AM	Exercise	A&P Lab	Expo I	Basic Chem Lab	Expo I	Read for Expo	
11:00 AM	Break	Break	Intro to Psych	FYS	Intro to Psych	Break	
12:00 PM	Lunch	Algebra and Trig	Intro to Psych	Algebra and Trig	Intro to Psych	Algebra and Trig	
1:00 PM	Write Expo Paper Intro	Lunch	Lunch	Lunch	Lunch	Lunch	
2:00 PM	Break	A&P	Review Expo and Psych	A&P	Trig Practice Problems	A&P	
3:00 PM	Write 4 pages of Expo Paper	Basic Chem	Break	Basic Chem	Review Expo and Psych	Basic Chem	
4:00 PM	Break	Study chem chunk 2	Study chem chunk 3	Study chem chunk 4	Break	Break	
5:00 PM	Study chem chunk 1	Study chem chunk 2	(1 and a 1/2 hrs)	Break	Review Chem (all chunks)	Review Chem & Trig notes	
6:00 PM	Dinner	Exercise	Dinner	Trig Practice Problems	Review Alg and Trig notes	Review A&P notes	
7:00 PM	Study chem chunk 1	Dinner	Review Alg and Trig notes	Dinner	Dinner	Break	
8:00 PM	Time with Friends	Review Alg and Trig notes	Review for Chem Lab	Break	Review Chem (all chunks)	Dinner	Color Code:
9:00 PM	Time with Friends	Review 1st chunk (30 min)	Review chunks 1 - 2	Review chunks 1-3	Break	Time with Friends	Class
10:00 PM	Time with Friends	Review A&P notes	Relax	Review A&P notes	Relax	Time with Friends	Personal
11:00 PM	Time with Friends	Sleep	Sleep	Sleep	Sleep	Sleep	Studying
12:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	
1:00 AM							
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4:00 AM							
5:00 AM							

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