

Weekly Calendar & Daily Goals Example

Weekly Goals	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Prepare for Chemistry Exam on Chapters 1 - 4</p> <p>Complete rough draft of Expo paper in time to visit Writing Center & revise rough draft</p> <p>Finish FYS Reflection</p> <p>Schedule meeting with Psychology professor for info about grade and study tips</p> <p>Prepare for Biology Quiz, Sections 4-5</p> <p>Spend time with Shaznene</p> <p>Exercise three times this week</p> <p>Bring healthy snacks to campus</p>	<p>Study Chemistry chapters 1 & 2 Complete Practice Sets</p> <p>Write first half of Expo paper, schedule Writing Center Meeting</p> <p>Finish FYS Reflection</p> <p>Email Psychology Professor about meeting</p> <p>Study for Biology, Sections 4 & 5</p> <p>Exercise - gym</p> <p>Go grocery shopping</p>	<p>Review Chemistry chapters 1 & 2, Study Chpts 3 & 4 Complete Practice Sets</p> <p>Write second half of Expo paper</p> <p>Proof read FYS Reflection</p> <p>Review Biology, Sections 4 & 5</p> <p>Exercise - gym</p> <p>Post note on door to bring snacks to campus</p>	<p>Review Chemistry Chapters 1-4, Self-test all chapters</p> <p>Review draft of Expo paper w/ Writing Center</p> <p>FYS Reflection Due</p> <p>Biology Quiz – Section 4 & 5</p>	<p>Chemistry Exam on Chapters 1-4</p> <p>Finish Expo paper, using Writing Center input</p> <p>Prep for meeting w/ Psychology Professor</p> <p>Play soccer with friends - Exercise</p>	<p>Expo Paper Due</p> <p>Meet with Psychology Professor</p> <p>Shaznene in town at 8 pm!!!</p>	<p>Spend 1 hour preparing for week</p> <p>Spend afternoon with Shaznene</p>	<p>Review Planner to see what is due in my classes next week</p> <p>Reorganize notes for each class</p> <p>Write down this week's priorities & goals</p> <p>Incorporate suggestions of Psych Professor into studying</p> <p>Spend time with family & friends</p> <p>Spend time on activities that are important to me</p>
Priorities	Daily Goals	Daily Goals	Daily Goals	Daily Goals	Daily Goals	Daily Goals	Daily Goals
<p>Keep up w/ course material and prepare for Chemistry Exam and Biology Quiz</p> <p>Improve Expo grade by completing paper for Expository Writing class in time to visit Writing Center</p> <p>Exercise & eat well!</p>	<p>Finish Expo Rough Draft</p> <p>Schedule meeting with the Writing Center</p> <p>Schedule meeting w/ Psych Prof</p>	<p>Bring Snacks to campus</p>		<p>Revise Expo draft</p> <p>Plan for meeting w/ Prof tomorrow</p>	<p>Spend time with Shaznene as reward for hard work</p>		<p>Based on prep for next week, come up w/ plan</p>

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